



Service Hour Documentation

2019-2020

Catholic High School ... dedicated to the development of 4th -12th grade students through academic excellence and Christ-centered values rooted in caring discipline, compassion, and zeal.

Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food. I was thirsty, and you gave me drink. I was a stranger and you welcomed me. I was naked, and you clothed me. I was sick and you visited me. I was in prison and you came to me. Truly, I say to you, as you did it to the least of these my brethren, you did it to me. (Matthew 25:34)

Catholic High School is grateful for the ideals of our Lasallian heritage and wishes to remain united with the efforts of the Christian Brothers to serve in the manner of their founder, St. John Baptist de La Salle. De La Salle recognized the pain of the poor and heard their cry for help. He understood that poverty, ignorance, and oppression led to crime, sin, and destruction. Jesus warned against holding wealth while others suffer.

Students at Catholic High School will strive to ease the suffering of others through mission drives, food drives, ministry to the elderly and handicapped and other projects both as a part of groups and as individuals. The service work will be offered in the spirit of Jesus and St. John Baptist de La Salle. There will be opportunities throughout the school year for students to work as members of their class to complete some of the service requirements; however, the remaining hours may be completed on an individual basis.

A list of approved service activities is included. Service projects not listed can be submitted for approval (via school email) to the student's religion instructor with final authority resting with the Director of Faith and Formation. All required hours and forms must be fully completed and turned in. Please note that it is the student's responsibility to communicate any problems to their religion instructor.

SERVICE HOUR REQUIREMENTS:

Students in **grades 7 and 8 are required to complete 2 hours of service** during the academic year (1 per semester).

Students in **grades 9-12 are required to complete 5 hours** of service during the academic year (2.5 per semester).

What Qualifies as Service?

- Vacation Bible School or other service events sponsored by your Church parish.
- Any service projects sponsored by Catholic High (Baskets for Blake, set-up for Mass, class service days)
- Volunteering at Charities (e.g. St. Francis Diner, Disch-Declouet Service Center, etc.)
- Anything not covered by the above must be approved by your religion teacher.
- Service must be volunteer work: no monetary payment or indirect benefits.
- It is service to the wider community: work done for immediate family (including grandparents) does not count.
- Work done during the summer does count for the first due date. **(January 7)**

Service Hours, with a typed reflection, are required to be turned in twice a year. These are turned in to your Religion Teacher by the following dates. Failure to do so will result in a 0/50 for the grading period.

- **The 1st half** of the required hours are due on **January 7** (The beginning of 3rd Quarter)
- **The 2nd half** of the required hours are due at the end of the 4th quarter
 - **Seniors due April 24th** ✨ **Grades 7-11 due May 7**

Community Service Hours Time Log Sheet

Each student is responsible to fill in the following four lines and obtain the proper signatures.

Student's name: _____ Religion Teacher's Name: _____

Time Log for service hours:

Date	# of Hours	Description of Work Done	Signature of Supervisor

Final Report and Reflection

Write a professional quality reflection on your Service. It must be typed on white paper. Use 12pt font, Times New Roman with 1 in. margins. Be mindful of your spelling!

Please follow the instructions carefully. Include all information requested by the questions for each paragraph, but do not make your paragraphs any longer than necessary. Your report should be about one typed, double-spaced page. Quality, not quantity is the goal. Below is a sample of the form you should use. The title and your name are to be at the top of the first page. Do not copy the questions. Use them as a guide for what to say in each paragraph, but arrange the information in a way that presents your project most effectively.

Student's Name

Teacher

Course Title

Submission Date

Community Service Hours Final Report

- Paragraph 1 - Describe your service project(s). Who was it for? Why was it important?
- Paragraph 2 - What were your responsibilities? What did you do? With whom did you work? Be specific and give dates and times involved. State the total number of hours you worked.
- Paragraph 3 - Describe any difficulties you faced. How did you handle them? How did you feel about the outcome of your service?
- Paragraph 4 - What did you learn from your experience? How did this service activity affect your spiritual growth? In what ways did you see God work during your community service?